

# **Manifestations Weekend Audio 1 – May 2006**

**By Joe Vitale**

Joe: ...the room, you enjoy the food. Isn't this just amazing? This whole space has its own energy level. You can thank Suzanne, who's right here. Suzanne, you can stand up.

Audience: [Clapping]

Joe: She's one of the guardian angels in my life and she's pretty much running the show. She did find this on her own.

All of you should have some coconut, a bag of coconut. It may look like a bag of something else.

Audience: [Laughter]

Joe: [Chuckling] It's a bag of shredded coconut, organic, I understand it. So, it's nothing but the best. I'd advise you to have a LITTLE bit of it this morning and to drink a LOT OF WATER during this time together.

There are a couple of reasons for that. One I know and one I don't. The one reason is that it's going to help CENTER you. It's going to help keep your energy CLEAR. It's going to help keep you in the MOMENT and FOCUSED on what we are doing here. The other one, according to Dr. Len, who I will talk about a little bit here shortly, the coconut is supposed to help you RECONNECT you to the Divine. [Silence] Oh, I heard some nice, "Oohs," there.

Audience: [Laughter]

Joe: That's GOOD, right? You're not afraid to be connected to the Divine. So, definitely...definitely, eat up on the coconut.

Female: [Laughing]

Joe: So, this weekend is called, "The Manifestation Weekend." I'm going to CALL it, "Beyond Manifestation," because as this has grown, as I've become more aware of what I'm doing here and what I THINK I'm doing here and where I think that we're going. We are going, "BEYOND Manifestation."

How many of you have ALREADY read my book, *The Attractor Factor*?  
Anybody NOT read it? Anybody NOT read it...because you can LEAVE  
if you have not read it?

Audience: [Laughter]

Joe: No, just kidding! [Chuckling] I have copies of the book in case somebody  
didn't have it.

We want to go beyond *The Attractor Factor* even, because I have  
LEARNED some things and I have been AWAKENED to some things that  
go BEYOND what I understood the manifestation process to be. Now,  
how many of you already noticed that this workshop BEGAN the  
MOMENT that you signed up?

Haven't some of you already noticed that you were MANIFESTING some  
things or some things CAME TOGETHER that you were working on?

Why do you think that was?

Female: Intentions.

Joe: Intentions? Intention...because you stated some intentions. Somebody  
else? You took action...by signing up, yes.

Audience: [Inaudible]

“Money likes SPEED” is one of my mantras. Yes, I say that all the time.  
TAKE ACTION on those ideas that are coming to you. I think AMY broke  
the record for money liking speed, because I sent out the email telling  
people about “The Manifestation Weekend,” and Suzanne said it was like  
three or four minutes later that Amy SIGNED UP!

Audience: [Laughter]

Joe: I was ASTONISHED! My finger barely left the keyboard! How did that  
happen?

Audience: [Laughter]

Joe: She must have been waiting there.

Audience: [Laughter]

Joe: She said, “I knew Joe was going to send an email today. I don’t know for  
what, but he’s going to send an email today and I want to sign up for it.”  
So, she broke the record for that.

We want to go beyond *The Attractor Factor*, we want to go BEYOND what you think manifestation is, but there's also a HINT here that you are ALREADY in the flow. Some of you have already raised your hand and said that you'd noticed that some things had started to take place ONCE you signed up for this.

So, let me tell you a little background. First, I have no idea what we are doing. That's my open confession. When Dr. Ihaleakala Hew Len came to Austin for a private dinner that Suzanne and I put together, he came and introduced everybody to the Ho'oponopono process.

Ho'oponopono, which you don't have to remember or try to write down or try to spell correctly....

Audience: Just let it go.

Joe: [Chuckling] ...or speak. Yes, just let it go. I refer to it as the Dr. Len process or Dr Len's method.

It was a LIFE changing weekend. I had already done a seminar with him. Some of you, like Nancy and Chris have been there. Has anybody else? Was that the weekend...besides Suzanne and Nerissa? You were there. You were there. Okay, good. There were some people there, so you know

what I'm talking about. Some of you have heard the audios of that...that dinner.

Ho'oponopono is a way of reconnecting to The Divine and healing anything between you and anything that you see out there. It's all about taking 100% responsibility for everything that you experience. On one level you've heard that before. On another level, you've NEVER grasped where that is taking us, because I never grasped it before and I've been around the block a few times when it comes to self improvement and spiritual matters. Not only in writing the books, but also hanging out with some of the gurus in the field and being an inner world journalist for something like twenty years and even writing about some of my experiences in a book called *Adventures Within*.

But Dr. Hew Len is completely different for me because he is a psychotherapist who healed, using Ho'oponopono, an ENTIRE ward of CONVICTED mentally ill criminals in Hawaii at Hawaii State Hospital.

I had first heard the story about him using Ho'oponopono and healing this entire ward, like three years ago and I dismissed it. It was, "How in the world did he do that? That's an urban legend. That's not true. That's a superstition. Somebody made it up. Sounds good...feels good...not fact." That's the way that I dismissed it.

I heard it AGAIN, a year later, and I also heard that he had HEALED all of those people without seeing a SINGLE one of them!

He did it by going to his office, looking at their charts, and if he saw that one in particular...which he told me about later...there was a guy who had raped and then murdered this woman and did some TERRIBLE things to her! He was TOTALLY REPULSED by it!

Instead of going to the PATIENT and dealing with the patient, he looked at his repulsed feeling. He worked to CLEAR HIS REPULSED FEELING. As he was clearing HIS experience of whatever he was feeling between him and the patient, whom he had not seen, that patient started to get better.

He said that: these people were put in SHACKLES on a daily basis; that these people were SEDATED on a daily basis; that psychologists would come in every thirty days and QUIT because they could not stand the environment.

He went in there and worked for two years. Within that two years, people started to get better. People who had been SEDATED, no longer had to be sedated. People who had been in SHACKLES, no longer had been in

shackles. People who had been put in there for a SEVEN YEAR time period were being released in SEVEN MONTHS!!

In TWO years, ALL of those convicted mentally ill criminals were pronounced healthy and released! Within FOUR years, the ENTIRE ward was CLOSED!! It REMAINS CLOSED today!!

I became ABSOLUTELY MESMERIZED by this story! I wanted to find this man. I didn't find him easily, which is surprising, because I can usually find things on the internet in nanoseconds. I couldn't find him for WEEKS!

When I did find him, it was very hard to CONNECT with him. When I finally DID connect to him, I just had a BRIEF email relationship and then I asked to talk to him on the phone. From THERE, after an hour conversation, I booked my first training with him. From there, we booked that dinner, which was February 25<sup>th</sup> in Austin. Now, at that dinner, I received what I will call the INSPIRATION to do a Manifestation Weekend.

Now, you HAVE to understand how I RECEIVED it, because this is VERY important to this whole weekend.



It DIDN'T come from me taking a couple of existing ideas and saying, "Oh, I can make some money by having a Manifestation Weekend." It wasn't in a traditional marketing or creativity environment. If we had a PHONEBOOK here, I would take it out and I would show you how you can create things, laterally, by looking in one category in the phonebook and then looking in another category in the phonebook and seeing how to join the two to create a new product! It's a CREATIVITY exercise. It WORKS! You can create new products doing that. That's NOT where this came from.

THIS came from where I will point, "Up here." It came as if it was descending into me. It was NOT a THOUGHT. It was a FEELING! It was a feeling that I'm sitting there having breakfast with him and Nerissa (and a couple of other people on the Sunday after the event), and I just had this thing DESCEND on me that said, "Do a Manifestation Weekend." Now, that's how I TRANSLATED it. Those WORDS weren't there.

I thought, "I don't want to do a Manifestation Weekend."

Audience: [Laughter]

Joe: "I got PLENTY TO DO!"

Audience: [Laughter]

Joe: I'm booked for MONTHS! I've got books to write. I've got projects to do. I've got other events that I'm going to HAVE to go and participate in. I don't WANT to do a manifestation weekend. So, I waited three days to see if it would go away!

Audience: [Laughing]

Joe: It didn't go away! So, I thought, "Okay. Money likes speed. Take action. Honor the Divine. Honor Inspiration. I don't know where it's going, but go for the ride, Joe. Buckle Up."

So, I wrote an email and, as some of you...even Amy told me, "It WASN'T your best email, Joe."

Audience: [Laughing]

Joe: [Laughing] It was NOT hypnotic. It was not DESCRIPTIVE. It was not very LONG. It was basically like, "I'm holding a Manifestation Weekend. If you want to show up, show up!"

Audience: [Laughing]

Joe: “If you don’t want to show up, have a nice day.” Basically like that.

Well, you showed up! You showed up! Is THIS not amazing? You  
SHOWED up!

I was meditating in my room before coming over here, basically talking to  
the Divine...however you want to describe that. I said, “Alright, you told  
me to BRING them here...I’ve GOT them here!”

Audience: [Laughing]

Joe: [Laughing] “NOW what?!” [Chuckling]

It said, “Go on in the room and TRUST YOURSELF.”

Now, I got to spend another weekend with Dr. Len this past weekend. I did  
ANOTHER training with him. Because we are very close now and because  
I’m working on a book with him now, about the whole Ho’oponopono  
process, which that won’t be in the title by the way...

Audience: [Laughter]

Joe: Nobody is searching on Ho'oponopono. Nobody could SPELL it right.  
Nobody will REMEMBER it.

I get to spend extra TIME with him, which I REALLY relish. The seminar is always wonderful, but my one-on-one time with him is PRICELESS!

One evening when we went out to eat, I tried to get him drunk. We had two bottles of wine. I'm the one slurring my words and he is UNMOVED. He is just totally FOCUSED. He is just totally CLEAR. He's like in this SPACE of being...I don't want to say a channel, but just being ONE with the Divine and SPEAKING whatever is there.

I told him about, "Hey, I'm doing the Manifestation Weekend." I'd previously asked him to come and co-host this...speak it, but he's in Canada speaking up there right now. He said, "Joe, you'll be fine." He said, "The one thing that I tell you to do..." that is coming to him from the Divine is, "DON'T PREPARE." That is a BIGGIE for me! I PREPARE! I prepare EVERYTHING! My VITAMINS are set out in their little cubby holes in the morning. [Chuckling]

Audience: [Laughter]

Joe: [Laughter] I know what time I'm going to work out. Everything is  
PREPARED.

When I did my *Hypnotic Selling Secrets Course* and ten people had showed up and they had paid five grand each, Craig was one of the speakers there, Craig Perrine here. Pat O'Bryan was there. I had that TIGHTLY controlled. I let them speak on whatever they wanted to speak on, but I knew when they were going ON, I knew their BASIC subject matter, and I CERTAINLY knew mine! I had PowerPoint. I had my outline. I had my books. You will see: no PowerPoint, no computer, no laptop. It's me and you...AND the Divine.

So, you are going to hear a lot of "the Divine" type talk today, because this is the NEW LEVEL that I am taking things. It goes beyond *The Attractor Factor* it goes beyond *Basic Manifestations* and it goes into a WHOLE NEW AREA where things happen at WARP SPEED.

Now, some of you who follow my career have noticed that, my God, how does he get all of this done? How does he have all of these books done and these workshops done and these audio courses done and these campaigns done? A very common question is, "Joe, do you sleep?" I get that a lot. Obviously, I do. I HAVE to...I'm human!

But, I AM TAKING ACTION on EVERYTHING that's coming my way,  
for the MOST part. I AM doing my BEST to be more and more IN TUNE  
with the Divine!

So, if I was going to tell you what the GOAL of THIS WEEKEND is...it  
is for you to reconnect to the Divine!

Now, this is HUGE! This is going beyond your thoughts. It's going beyond  
your feelings. It's going beyond who you think you are. It's going  
DEEPER than maybe you've ever been before. Some of you, if you've  
been meditating in the past and you've had some experience of going  
within yourself and going on that inner journey, have become aware of  
your thoughts, for example.

Now, a meditative state IS to be aware of your thoughts. Right now, you  
might be aware of your thoughts. You are thinking something, but another  
part of you is witnessing that, even as we are speaking. How many are  
noticing that that is going on? A few of you are noticing that's going on. A  
FEW of you are noticing that. Okay.

I want to take you DEEPER than that. I want to take you BEHIND the  
WITNESS. Now, this might be a LITTLE confusing at first, but if we  
PRETEND that this white board is a STATE that I want to take you to, this

is the Divine, your THOUGHTS is the activity going on and a part of you is WATCHING it. But, the part of you that is watching it is NOT the Divine. The Divine is UNDERNEATH even that!

So we are going to the DEEPEST LEVEL that I KNOW OF! We are going to SOURCE.

Dr. Len calls this “the Z state,” meaning the zero state. The title of our book right now is called *Zero Limits*. It may end up being called *The Z State*, because once I heard it, I liked that. But, we want to go HERE to the Z state.

[Silence]

Do you need some coconut?

Audience: [Laughter]

Joe: [Laughter then silence] What kind of questions do you have RIGHT NOW that come to mind? Are you EXCITED? Are you DISAPPOINTED? Are you WITH me on this? Are we going to the Divine?

Female: We’re going to the Divine!

Joe;           We're going! [Laughter]

Audience:   We are THERE!

Joe:           We are THERE! Well, I'm not so SURE that we're there. I LIKE that  
THOUGHT that we're there. I don't know who said that. It doesn't  
matter...but I'm NOT SO SURE that we're there.

I think that "there" is at a TOTAL state of SERENITY that's BEHIND all  
of it. Even us saying, "We're there," and talking about it and me talking  
right now, is a few steps REMOVED from it.

You see, when I got the INSPIRATION to do the Manifestation Weekend,  
it CAME FROM this DEEPER level. I WAS NOT SEEKING it. I DID  
NOT INTEND it. This had NOTHING to do with intention!

I RECEIVED it!! This CAME BY GRACE!!

GRACE is another IMPORTANT word here. We are all LIVING here by  
Grace. We MADE it! We are STILL making it.



When people talk about prosperity and say they want more, I often point out that, “You are living like kings and queens right now compared to people in third world countries...even particularly compared to kings and queens of past times, because you live a more luxurious life than they did.” They STRUGGLED. They FOUGHT. They DIED. They LIVED in PITIFUL circumstances, if you ever go look at their CASTLES sometimes, it’s the pits!!

Audience: [Laughter]

Joe: Who wants to live there?

So, we are ALREADY at a different LEVEL of PROSPERITY. We are already at a different level of MANIFESTING. So, we want to go BEYOND that. We want to take it DEEPER than that. So, let me ask a few questions, unless you have a question right now. Anybody? Anybody? Anybody? Going once, going twice? Okay.

Do you believe...? Yes? Yeah? Well, right in front of Craig. [Chuckling]

I don’t know. Is this [a basket of plants] okay here? I can move it to the floor? How about if this becomes our worshipful little area here?

Audience: [Laughter]

Joe: Everybody send love and light to it. Alright, so...was there another question or comment? Yeah. Oh, Good.

Male: [Inaudible]

Joe: You know, I WONDERED if THAT question would come up. So what he asked, since he didn't end up on...we ARE AUDIO recording this. PAT is doing it. "What about those who don't believe in a Divine creator?" So, when we talk about Divinity and they say, "I don't believe in the Divinity," what do we do then?

Audience: [Silence]

Joe: Okay. So let me go with the question that I was going to ASK, because it ties in. Yeah, it WILL tie in.

Do you believe that YOU CREATE your own reality in ALL aspects? No exceptions. No reservations...absolutely 100% ALL of it? Okay, so YOU CREATED the PERSON that DOESN'T believe in the Divine.

Male: [Inaudible]

Joe: Okay, okay. No, I didn't say YOU didn't believe. I'm saying you were asking about somebody else's viewpoint? YOU are in charge of YOUR reality. You CREATED that other person. Are you with me?

So, where the CLEANING or the HEALING or the RELEASING comes IN is back in YOU, not over here. That other person is MIRRORING you!

This is another one of those things...it's another BIG concept. First of all, if you take 100% responsibility for EVERYTHING in your life...EVERYTHING in your life and then you go and say, "Well, this OTHER person doesn't believe this." If you are going to take 100% responsibility for everything in your life, that other PERSON is in your life! You have to take 100% responsibility for what that other PERSON is FEELING. Now, that does NOT MEAN that you go and try to change the other person, IT'S YOU! They are a REFLECTION of what is INSIDE OF YOU!

I look at ALL of the outside world as a MIRROR and it's reflecting what is in me. So, if somebody walks up and says, "You know what, Joe? I think your ideas are B.S." That's part of ME that would THINK that my ideas are B.S. They are verbalizing it. So, it goes back to...I LOOK WITHIN MYSELF and say, "Okay, what part in ME MIGHT NOT

believe that? What part of me might not believe in the Divine, for example?”

THIS is one of the biggest things to get through the entire weekend. One hundred percent responsibility, I always thought, is that I’m 100% responsible for what I say, what I think, what I do.

Dr. Len was able to heal all of those people in the terminally ill mental hospital by taking that to the “enth degree,” to the quantum level, meaning that if he’s 100% responsible for everything, then he’s responsible for ALL of those people that showed up in the hospital.

Audience: You said that [Inaudible].

Joe: Yes? That’s right, WHATEVER came up in HIM. So, in other words, if he’s looking at the file of Martha or Joe or whoever, WHATEVER came up IN HIM HE HAD TO HEAL!! He was healing what he FELT CREATED that person. They were in a SHARED CREATION.

Audience: About two and a half weeks ago..... [Inaudible]

Joe: Okay. Well, I’ll talk about that. It’s NOT AS DEEP as what you think. He says, “It’s NOT easy. It’s SIMPLE, but it’s NOT easy.”

Those who were at the dinner know what some of those words are that you end up saying. The biggest is, “I LOVE YOU!!”

When I was with Dr. Len, I told him that Nerissa, who is right there, had created a T-shirt who said, “Got Ho’oponopono?” like, “Got Milk?” We made it. We thought we were brilliant. We came up with this idea and we made it. [Chuckling]

We made one copy with Café Press and sent it to Dr. Len. He never responded! He never thanked us. He never said anything, which is uncharacteristic of him. So when I SAW him, it was that night when I was trying to get him drunk to get all of the answers I could out of him [chuckling], and I asked him, “Did you ever get that T-shirt?”

He said, “Yeah, I got it. I’m not going to WEAR it! Nobody understands what that is.”

I said, “Well, would anybody buy it,” thinking of all of the students that go through his courses would buy it.

He said, “No, they probably wouldn’t buy it.”

I said, “Well, what are you going to DO with it?”

He said, “I’m going to FRAME it.” He said, “I’ll probably never wear it.  
I’ll put it up.”

He said, “A better T-shirt would be one that says, “I LOVE YOU!”  
BECAUSE everybody who SEES it would be saying, “I LOVE YOU”  
consciously or unconsciously and that YOU would be saying it to yourself  
every time that you put it on!” So, we’re going to make, “I LOVE YOU”  
T-shirts. Next project!

So, ONE of the things in the whole Ho’oponopono process is to say, “I  
love you.” You are NOT saying it to the other person. Yes?

Female:        You are not saying it to you? [Inaudible]

Joe:            They are not saying it to you. I am glad that you brought it up. You are  
asking if, “They say it to the other person or to yourself?” No. You are  
saying it to the Divine.

In fact, that’s why you are going to hear, “the Divine” all over the place,  
because the Divine is the backdrop that we are in that we are spouting  
from. It is the white board without anything on it, including, “I love you.”

The “I love you” is what you SAY to the Divine. You are sending it that way! The same direction that it said, “Come now and do the Manifestation Weekend, Joe.” It came from there. So, the Divine is saying...if you say “I love you to IT,” it’s an OPEN SESAME to begin the CLEANSING PROCESS.

Now, a whole LOT of this you have to take on TRUST. One of the big convincers to me is the fact that I KNOW Dr. Len, that I KNOW his story, that I’m WRITING his book. Anybody who has been a therapist, some of you ARE therapists that are here if I remember, know how difficult, how challenging, how draining that can be.

Now here we have this Hawaiian therapist who says, I’m not even seeing the client. I’m looking at their chart and I AM HEALING ME!! As I heal ME, THEY get better. That is VASTLY different from anybody else that I know of.

So, he says you say, “I love you.” This is what he calls CLEANING or CLEARING. You are the ONLY JOB that you have -- is to CLEAN and CLEAR YOURSELF.

I think that my major contribution to the Manifestation process, which is  
IN *The Attractor Factor*, is the whole idea of Step Three, Getting Clear.  
This ties in to Getting Clear.

I think that the MISSING SECRET to manifesting whatever you feel that  
you WANT is this idea of GETTING CLEAR WITHIN YOURSELF.  
There is some sort of block, there's some sort of belief, there's some sort  
of issues of deserving this, whatever it happens to be.

For me, I LOVE YOU! The whole Ho'oponopono process is one of the  
BEST ways to get clear. It's NOT just getting clear with YOURSELF. It's  
getting clear with ANYTHING that shows up in your life -- IS PART OF  
YOU! So, on another level, IT IS YOURSELF.

So, "I LOVE YOU" is one of the ones that you would end up saying. "I am  
sorry," and, "PLEASE forgive me!"

Now, these are BIGGIES, because what do most of us want to do? If  
somebody shows up in your face and they are arguing with you, "Do you  
say, 'I love you'?"

Audience: [Chuckling]



Joe: [Chuckling] No, most of us don't. That's why he says that this is simple, because saying, "I love you," is SIMPLE, but it isn't EASY.

Those circumstances that WE get caught up in the EMOTION of the moment, myself included.... I am doing my BEST to have that as a program that's running in my head that's running 24 hours a day.

When I did my first training with Dr. Len... a month (I don't remember when CHOSING to was)...to a half a year ago or whenever it was -- I came back without me having to make it happen. "I love you" was playing in my head night and day! It was a background thought.

Now, most of us have some sort of background thought. Sometimes it's even music! You all have woken up at some point and there's a SONG playing in your head. You're like, "What is THAT doing in there?" I have learned that I can stop it and change the channel. But what THIS is all about is turning into having a MANTRA that's going on ALL of the time.

I had that one happening UNCONSCIOUSLY. I didn't turn it on. Somehow it GOT turned on. "I love you" was playing NIGHT AND DAY. I would just note, "Oh, it's still going on. It's still going on in my head. Isn't that cool? It's in the background, 'I love you, I love you, I love you, I love you, I love you,' all the time.'"

After about two weeks, it started to wear down. Then it started to disappear. [Ha!] Then I had to consciously say, “Okay, ‘I love you. I love you.’” [Chuckle]

Now, of course, I’ve had more time with Dr. Len, another weekend with Dr. Len, the ‘I love you’ is back in there. But, I’m doing my best just to keep FEEDING it and WATERING it and CONSCIOUSLY doing it as well as letting the tape unconsciously play, “I LOVE you. I LOVE you. I LOVE you.” Playing that all of the time, again, NOT to me, NOT to anybody in particular, sending it to the Divine; because, the Divine then, receives it. Somehow, it is a magic “Open Sesame,” the “Abracadabra” word that causes IT to open up and start to SEND the HEALING energy down to resolve whatever it was at play. Those are the three phrases: “I love you,” “I am sorry,” and “Please forgive me.”

What kind of questions do you have...anybody else? Yes...and YOU were at the dinner!

Audience: [Inaudible]

Joe: Okay. Well, yeah. Well, first of all, you do not....

Audience: [Inaudible]

Joe: Yeah, and you are reminding me that “Thank you” is another one that you can say. She said that she has an issue with “I am sorry.” So, what does that TELL ME?

Please understand this right now. Please GET THIS, right now. This is the biggie! I said earlier that EACH of us is 100% responsible for EVERYTHING that shows up into our life. SHE just SHOWED UP in MY life. What should I be doing? What should I SPECIFICALLY be doing? Please, you do it.

Audience: [Inaudible]

Joe: Yeah. What did YOU say?

Audience: [Inaudible]

Joe: Okay. Well, you are all close. I want to say “I’m sorry.” I want to say, “Please forgive me.” I want to say, “I love you,” BUT NOT TO HER! To the DIVINE!!

She is illustrating or mirroring something in ME! I just participated in that moment. It was a co-creation. I can't go look at her and say, "You know what? I'm going to change you, Nancy. I know hypnosis. I know NLP. I know persuasion..."

Audience: [Laughter]

Joe: "...I can get IN there! I can TWIST a few knobs."

Audience: [Laughter]

Joe: See? She's already changing! [Laughter]

"It's all OVER WITH for Nancy, she doesn't have a chance." NO! I am not doing ANY of that! I'm looking within MYSELF. I'm saying, "Okay, it's not with her. It's ME!"

If I am 100% responsible for everything in my life and she just showed up in my life stating that, 'I'm 100% responsible, I have to do the cleaning.'"

How, by extension? All of you are the same thing. Each of YOU would be saying, "I LOVE you. Please FORGIVE me. I am SORRY. Thank you,"

because this showed up in YOUR experience. Does this make sense?

The average person walking in the street or working at the hotel or anything isn't going to grasp this. This is going beyond even what I talked about in *The Attractor Factor*. The one element that I'm really proud of...I LOVE *The Attractor Factor*...the one element that I think stands out and that I'm very proud of is the whole idea of GETTING CLEAR.

I have found that if I get clear, the things that I am going for tend to happen RAPIDLY. I'll either get what I was going for, or I'll get something better. Yes, please?

Audience: [Inaudible]

Joe: Yes.

Audience: [Inaudible] ...So, if you could in my life now on [Inaudible]. [Audience member is asking a question about her mother who has been diagnosed with cancer and inquiring about whether this process of Ho'oponopono can heal her or not].

Joe: Yeah.

Audience: [Inaudible]

Joe: Yeah. Well, we can't GUARANTEE that she will be healed!

Audience: No?

Joe: We can't guarantee that, because we are .... Alright, this is another LEVEL. This is another ASPECT that it's a little hard to take at first. You HAVE TO TRUST.

What I have said in *The Attractor Factor* and I think I say in most of my talks is that I always tell you to end your intentions with, "This or something BETTER," because the Divine MAY have something better! We do NOT know the BIG PICTURE and that is TOUGH!! Boy, our egos want to control it. Our egos want to say, "This is the way it should happen, this is the way that I want it to be, I'm going to wave my magic wand and I'm going to get it that way!" That may not ULTIMATELY be right!

You HAVE to TRUST that the DIVINE is coming from this WIDE, OBJECTIVE VIEW of things. All we got is a tiny little peephole. We only see a LITTLE BIT down the road. We don't know. So, it's a matter of WE have to TRUST. WE have to HEAL. Whatever you are feeling right now, needs to be, "I LOVE you, I'm sorry," at least THAT.

You are more ONE with the Divine. You may SEE it different. You may SEE some way to heal her. I don't KNOW! But it's a matter of YOUR clearing. Again, because you brought it up to ME, I have to CLEAR that and the same with everybody else.

Let me say one thing and I'll come back to you.

When I was leaving San Jose this past week when I was with Dr. Len, I went to the airport. Dr. Len doesn't believe very much in intentions. He believes TOTALLY in TRUSTING the DIVINE. When you totally trust the Divine, you end up being INSPIRED by something. This is a LEVEL that I want to take this entire weekend to. We want to come from MANIFESTATION BY INSPIRATION, is where we want to come from.

There are at least three different kinds of Manifestation. That's one of them. So, he doesn't really BELIEVE in stating intentions, he believes more in constantly CLEANING and being One with the Divine. So, when it nudges you to do something, you know, "Money likes speed," whatever it is that kicks into gear for you, "Just do it," the Viking phrase, you just TAKE ACTION.

So, on the way to the airport, I thought to myself, "I would really like to sit by myself on the plane. The planes have been very crowded recently. It

was crowded coming back. It was crowded coming into San Jose. Going back, I'd REALLY like to sit by myself." So, I thought, "That's my intention. I'm going to state that, 'Joe wants to sit by himself on the plane...nobody beside me. I can stretch out. I can take a nap, whatever.'" Okay. So, Dr. Len himself takes me to the airport. There's a wonderful goodbye and everything. It's sort of like I'm blessed by the Divine. Here I am, this Shaman type mystic is taking me to the airport and I'm setting my intentions, "So I go like, BREEZE LIKE through security." How many of you have ever gone to the airport and there is no line? There's NONE?

I wear a vest so I can put all of my stuff IN it, so that when they say empty your pockets, I just take the vest off. Usually I have a whole bunch of time to do that, but I walked in and there was no line. It was like, "Come on. Let's go. Get through the gate."

So I go to the gate and my plane is delayed. It's late for an hour! That's fine. I can read. I've got books with me. When I look up, it's late for three hours. Okay, I'll go buy another book and read that.

Audience: [Laughter]



Joe: Then it's delayed for another two hours. So, I say, "Okay, I'll start working on that book with Dr. Len and go buy a notebook." I'm starting to write.

Then it's delayed for another hour! So, I'm at the airport for seven and a half hours! Nice airport: very small, not very crowded, nothing to buy. You know, I can't eat all that much, so I can go on a salad binge every couple of hours, but that's it!

Audience: [Laughter]

Joe: You know, I did some work on the *Zero Limits* book, but basically I'm sitting there.

FINALLY, after I'm watching a lot of people getting upset, I'm CLEANING on it, "I love you, I love you." One woman SCREAMED, "This is SO UNFAIR! I'm never going to use this airline again!" Then she somehow disappears. So I don't know where they TOOK HER!  
[Laughing]

Audience: [Laughing]

Joe: [Laughing] So, I finally get on the plane, which is virtually empty.

Audience: [Laughing]

Joe: Not only do I have the empty seat beside me, I got the **WHOLE** row, the whole row in **FRONT** of me, I got the row **BEHIND** me. There's like **FORTY** people on the **ENTIRE** plane.

**MOST** of the people who were on my original flight had found other flights or did other things. A lot of them were **BUSINESS** people who were **DESPERATE** to get to wherever they were going and I was much more relaxed about it.

So, I got my intention!

Audience: [Laughing]

Joe: [Laughing] Now, "Was that **WORTH IT?**"

Females: **NO!!**

Joe: I thought about that on the plane. I thought, "Well, geesh! I could have been home seven hours **EARLIER** if I hadn't opened my big **MOUTH!**"

Audience: [Laughing]

Joe: So this is KIND of a lesson about choosing intentions correctly or even NOT choosing them at all and letting INSPIRATION out.

So, I didn't forget. You had a question.

Female?: Joe, what you had just said when you said, the method that I have found the CLEARING sees then [Inaudible]....to THEM.

Joe: Yes.

Female?: [Inaudible]...because then that help takes...[Inaudible]

Joe: You are exactly right. It does. It makes it EASIER on one level, but it's also HARDER. Because the way that you just described it is when you are not ENTANGLED in the other person's emotions.

So, in other words, I don't know if you are married, but if you are in a relationship with somebody else and they are pushing your buttons? It's NOT so easy to say, "I love you" and send it up there and to be engaged over here. So on ONE level what you are describing is easier. This is why

he says that, “It’s SIMPLE, but it’s not EASY,” to do this. You constantly have to remind yourself.

Now I’m always looking for ways to remind myself. I’m wearing this button here that says, “CEEPOR” on it. I’ve been wearing it for like half a year and didn’t even know what it meant. I FINALLY found out what it meant this last weekend. So, this “CEEPOR” button that I wear ALL the time...if you’ve seen me before you’ve noticed, no doubt, in our Master Mind group that Pat has and probably at our dinner. I was probably...I don’t know if I was wearing it on the cruise when we met or not. I probably was. So, I’m wearing it all the time. It’s a CLEARING device. What it is doing, consciously and unconsciously, whether I am aware of it or not, it’s constantly CLEANING ME of programming or beliefs, of ANYTHING that’s in the way of the Divine.

According to Dr. Len, this is a NON-STOP PROCESS. Non-stop...we are ALWAYS going to be CLEANING...ALWAYS.

He explained that the CEEPOR means...CEE means, “CLEAN, ERASE, ERASE,” as you go back to POR, port meaning “the body.” So, that’s what that means.

I'm looking for these devices to REMIND ME of these situations, because I, like everybody else, get entangled in some of the relationships or some of the emotions and want to BREAK FREE. It's NOT from CHANGING the other person. It's from dealing with ME.

Yes, Suzanne?

Suzanne: Could you tell us where we can get these buttons from?

Joe: Oh! They are at [www.BusinessByYou.com](http://www.BusinessByYou.com), which is also where Dr. Len is located. He does consultations. There's information about him. There's information about the pin and some other things, [www.businessbyyou.com](http://www.businessbyyou.com). I think that's in your manual, which I will be handing out shortly.

Other questions? Yes. Okay.

Female: So, Joe, are you saying that [Inaudible]?

Joe: Right.

Female: [Inaudible]

Joe: Yes.

Female: [Inaudible]

Joe: No. No, I go to those PHRASES, because we don't KNOW where it's coming from. I used to THINK that we knew where it's coming from. Our mind can play that trick. But in many ways you are going down the rabbit hole and you are going to get lost, because it can show all KINDS of things and it may or may not be accurate.

See, the Ho'oponopono approach is that it's coming from PROGRAMMING, that is pretty much just out there in the Universe and we are SHARING it. What we want to do is CLEAN it. The more that we CLEAN IT, the more that it will disappear from the Universe!!

So, NO! I am in a process of saying, "I LOVE YOU!" That is going on when I'm in that situation that you are describing right there. I'm not going to say, "Geesh, why did that happen? Where did it come from?" At one point I did! Now, I'm just saying, "I love you, I love you, I love you."

An example could be...the guy who puts on most of the Ho'oponopono Workshop is Marvin, a Pilipino, who works at a Lexus car dealership. He's one of their top sales people.

Now, this is how manifestation works. He shows up every day NOT intending to make record. He shows up every day to go to work. He HOLDS the RECORD for selling the most luxury cars at that dealership. He's sold something like fifty million dollars worth of cars. He gets something like thirty percent as his commission.

Now, when we questioned him and say, "Okay, what are your sales techniques? What are your dialogue techniques? What are your hypnotic techniques? What have you read? What are your negotiation techniques?"

He says, "I don't do ANY of that! ALL I DO IS CLEAN!"

What does that mean?

I say, "I love you."

When you are talking to people you say, "I love you"?

He says, "No, I don't say it out loud. I'm not saying, 'I love you' because I'm saying it inside myself." As I'm saying "I love you, I love you, I love you..." inside myself SILENTLY, he may get INSPIRED (there's that inspiration, again) to say something which may or may not be the right

thing. If a person is willing to leave, they don't like the car or they don't like him -- they don't want to be there, whatever...he's fine. "I love you, I love you, I love you. I love you," and they drive off.

More often than not, people will often go there, reluctant to buy a car... "just looking" as we've all heard and they'll buy THREE!

Audience: [Chuckling]

Joe: They'll say, "I really like this car. I'll buy one for my wife and I've got my cousin or my daughter and they'll end up buying three." He is coming from a place that's, "I am ONLY CLEANING. I am ONLY saying, 'I love you.'"

Now, when Dr. Len and I went out to dinner, he was the third party at dinner. He wouldn't drink very much. I found out that as soon as you get him to drink he either shut up totally or he just talked incessantly, you know...one extreme or the other.

But, I talked to him about cars. It is clear that he loves cars. But it's clearer that he just wants to merge with what we are calling the Divine. He wants to be INSPIRED in every moment. But, the ONLY way for him to do that



is to clean himself of whatever is interrupting that connection. For him, the only way to clean it is “I love you,” NON-STOP “I LOVE YOU.”

Now, when I talked to Dr. Len about that, he says that he does the VERY SAME THING. He is saying, “I am saying, ‘I love you. Please forgive me. Thank you,’ over and over and over and over and over and over and over and over and OVER, again; all of the time, all the situations.” He says that is exactly what he is doing in EVERY situation.

Somebody comes to him that is troubled by something, he is looking at himself...not saying, “Where does that trouble COME from?” Not trying to investigate it or be a THOUGHT detective, which I’m fascinated at being a thought detective! You know, it’s kind of FUN to go, “Wow! Where did *that* thought come from? Let’s go trace it all the way back here.” [Chuckle] There’s a certain level of entertainment doing that.

But, what I’m finding is that I WANT RESULTS. Don’t you want results? I WANT RESULTS, that’s the bottom line for me.

So, I’m going to listen to the guy who healed the entire mentally ill ward. I’m going to listen to the guy who is selling luxury cars without selling the luxury cars. You know, just “I loving you,” to everybody that shows up.

So, to answer your question, no we are not doing it. We may.... I don't want to dismiss the fact that as you are saying, "I love you. Please forgive me. Thank you. I'm sorry and whatever else is coming up," you may be **INSPIRED** to look at it in a certain way. I won't **DISMISS** that, but that's coming from **INSPIRATION**. That's not coming from control. It's not coming from ego. It's coming from a **DIFFERENT** place.

Great question! Yes?

Female: [Inaudible]

Joe: Yeah. Oh, uh-huh. Yes.

Female: [Inaudible]...I love you. I'm sorry...[inaudible]

Joe: Well, that's a great observation. You've just detached yourself from it. You are no longer looking at whatever you were analyzing or connecting with in front of you. You've taken it to a **WHOLE** other level. Yes?

Audience: Well, I didn't know that was a secret, but I **DO** that.

Joe: Yeah. Yeah. Do you think that it makes it easier to do the "I love you" type thing?

Audience: No! [Inaudible] every day [Inaudible].

Joe: Exactly. Yeah. We get the short cut.

Audience: I know that the first part of it I did it. I didn't CALL it that, I just  
[Inaudible]

Joe: Yeah. Yeah.

Audience: [Inaudible] but when I [Inaudible]

Joe: Yeah.

Audience: [Inaudible] and if I that began to feel that's GREAT! [Inaudible]

Joe: Yeah. This is great. It sounds like you're getting it. You're grasping what  
we are talking about. Yes?

Male: [Inaudible]

All: [Laughter]

Joe: Maybe that's it!

Audience: [Laughing]

Male: [Inaudible]

Joe: Well that's interesting. I look at it the OPPOSITE way and say that it hangs me on the hook pretty darn good. [Chuckle]

Male: [Inaudible]

Joe: Yeah.

Female: [Inaudible] positive connection that we are all together [Inaudible]

All: [Laughing]

Joe: [Chuckle] Yeah and that IS the point. That's exactly right. You are taking it to the Source.

Yeah, and that's part of what all the Ho'oponopono is all about. As you are healing yourself, you are healing whatever that WAS that we all

SHARED! That's what this is about. It's NOT just healing yourself. It's showing up wherever it shows up in everybody else.

YOU are the microcosm. You are the REPRESENTATIVE of ALL of them. This is ONE way to HEAL them.

Speaker: [Inaudible]

Joe: THAT'S where he says that it's not easy. Yes, you ARE looking at whatever it is that came up.

He used the word "repulsed" a few times. He told a few stories in various times that I've shared with him of looking at files. I mean these were criminally insane people who had MURDERED others, so their files were NOT pretty. Whatever it is that came up in him, as repulsed as he might have been, or whatever the words might be, THAT'S what he had to DEAL with and THAT'S what he was HEALING.

Female: [Inaudible]

Joe: Yeah, you are. I agree. I think that you are totally on the hook here. You are totally on the hook. Yes?

Audience: [Inaudible]

Joe: Oh, good. Yeah. Yep. Yep.

Audience: [Inaudible]

Joe: Dr. Len says that you do not have to FEEL “I love you.” You have to say, “I love you.” I wrestled with that one. I thought “Now, how are the words just going to DO it? How’s me just saying ‘I love you,’ when I don’t love them or I don’t FEEL whatever I am supposed to feel? I say it to the Divine, but I don’t FEEL what I would call love.” That doesn’t matter. That’s why I like the T-shirt idea. Well, you know, I’m a marketing guy, too. So, I liked the idea of the T-shirt saying, “I love you”, but it works on a couple of different levels. The people who read it.... if I was wearing an “I LOVE YOU” T-shirt, you can imagine that I’m wearing an “I LOVE YOU” T-shirt and you saw it, you would be doing the Ho’oponopono process unknowingly, because you don’t have to actually feel it. It may LEAD to you feeling loved, because that’s the hypnotic power of words. It may START to process that you feel love. But, you DON’T HAVE to FEEL it, you HAVE TO SAY IT WITHIN YOURSELF.

Yes?

Male: [Inaudible] vibrations [Inaudible] words.

Joe: So you are changing your vibrations by saying those words. Well, that's a good point, because if all of you have seen the movie *What the Bleep*, then you know about the studies that were done with words. Just putting the words "LOVE" around the water changed the water.

So, there is truth, which I haven't looked at too DEEPLY in just saying the phrase "I LOVE YOU," and it's being a way to change DNA, change the energy, change the molecules, change what's going out there.

But, I'm really trying to SIMPLIFY it. You just have to say, "I love you," over and over again. If we get that tape going, we can ALL get it.

Oh, we've got an OBJECTION from over here in the far left....

Audience: [Laughing]

Joe: The guy who sits on this side of the table, all by himself, who wanted the flowers on the floor [chuckling]....

Audience: [Laughing] Yeah.

Joe: Yes, Craig?

Craig: It is hard....confrontation...[Inaudible]

Joe: [Laughing]

Craig: [Inaudible]

Joe: Nerissa has a “P.S.”

Nerissa: [Inaudible]

Joe: [LOUD LAUGHTER]

Audience: [LOUD LAUGHTER]

Joe: That was good!!

Audience: [Laughing]

Joe: [Laughing] That was good!



Well, let me give you another quick story. Thank you for sharing that, because this ties into her.

Then, I'm going to take a short break. I have a bunch of manuals to pass out to you. I have ALL kind of gifts for you over the weekend. You'll be very PLEASED with that.

When I was at the Ho'oponopono Workshop this last time in San Jose with Dr. Len, the WHOLE weekend is about cleaning. That is the WHOLE FOCUS, "I LOVE YOU" just NON-STOP. Of course, we'd asked questions. We'd have dialogue, but the whole REASON that I'm there is to CLEAN. I'm cleaning ME. I'm cleaning my insides.

Back home, Nerissa is back in Wimberley taking care of the house and the critters and so forth. She didn't go. Now, Nerissa has been STRESSED OUT TO THE MAX! She has a TO DO list that is SCARY! Large items on it, many of them she's doing for me. There's a video project. I did a recent publicity stunt, the Canine Concert, which is a whole different subject; from running my Barnum book, I've got my other books to write. But, she's got her own things. She'd doing the news clips. She's doing the video. I forget what other videos that you have. She's got the *Video Code Maker*, the software she's created. She wants to do news releases on it. Her

computer was breaking down. Her wireless was not working. She's got numerous things to go.

While I'm IN San Jose, I call home on Sunday. She said that she's been working on a surprise for me. SURPRISE! Nerissa's working on a surprise for me? She's TOO BUSY! She doesn't even know that I'm not there! She's been working on a surprise that took her ALL DAY. A surprise that TOOK ALL DAY...when she's got this To Do List that's beyond comprehension? She said that I would NEVER guess what it was in a MILLION years. I said, "Well, I don't have a million years. This is long distance, just TELL me!"

Audience: [Laughter]

Joe: [Chuckling] She says she'd gone into my closet, took EVERYTHING out of my closet, bought lumber, bought the rods, rebuilt my closet, got hangers, put all my stuff on hangers, took all the clothes that have been piled up out on a sofa chair and so forth. I wear lots of t-shirts and they were just piled up. She put those on hangers and put them in the closet.

Now, you've GOT to COMPREHEND how MIND BLOWING that was! I have been in a workshop CLEANING MYSELF all weekend!

Audience: [Giggling]

Joe: Nerissa, a THOUSAND MILES AWAY, who does...I have NEVER requested that she clean my closet, let alone REBUILD my closet, knowing that she's got all of these things to do...ON HER OWN, where did she get that idea? Where does she get that idea? Where did that come from? It was NOT a request from ME. I don't know ANYBODY that would have requested it, who'd DARED would have requested it!

Audience: [Laughter]

Joe: [Chuckling] "Nerissa, while Joe's away, go in his closet, alright? Take it apart, rebuild it, and hang everything up nice and neat!" [Laughter] THIS IS A MIRACLE!! This is on the level as if I had been looking at the new BMW Z4. It's as if she had said, "Somebody drove by and dropped one off. It's in the driveway. The keys are there and the title's in your name."

It was on the SAME LEVEL OF IMPACT that she cleaned my closet! Is that NOT A MIRACLE? That's the level that I'm taking it up this weekend. That's what I mean by BEYOND Manifestation.

I did not even state that as an intention. I'm not aware of her stating that as an intention. I'm GRATEFUL beyond belief!! I have a closet and I can find stuff!! I didn't DO it!! I allowed it!! It happened!!

So, let's take a break for like ten minutes. I will pass out this manual and we will continue the fun and games.

[Break]

Joe: I'm treating this as a metaphor and I'm saying, "Well, what if you looked at what's.... Yeah, it's like that famous image of the young woman / the old woman, the optical illusion type thing...where the rabbit is a vase. There are lots of those and I LOVE all of those. It's kind of playing with the right and left brain a little bit.

But the whole point of THIS weekend, too, is to LOOK AT what you normally DON'T LOOK AT. It doesn't necessarily have to be THIS, but I am SUGGESTING that (especially when we talk about the Divine) that I'm asking you to look BEHIND your thoughts, look BEHIND your feeling, look BEHIND a witness, and to look BEHIND everything to see what that BLANK is...that's the Divine, where everything is coming from. Look PAST the obvious!

Now, I know a FEW of you had questions. So, I hope you have been eating some coconut and now are set to ask those questions.

Somebody...comment? Yes? I've got Amy here. I'm going to try using this. It's on?

Joe: Is it on?

Amy: Okay. Is it on?

Joe: Yeah. You're on.

Amy: Yeah? Okay. I had asked this on the break and you'd said to bring it up when we were back.

Joe: Yes.

Amy: You said that you didn't PREPARE at all for this weekend, but then we all got MANUALS that are bound.

Joe: Then you ALL got a manual. Yes, bound nice and neat. That's TRUE. I did make a manual, obviously. Thank you for the question. [Pause] I did it because the EGO-Joe panicked!

Audience: [Laughter]

Joe: That's REALLY the BEST way that I can describe it, because all of this was coming from inspiration. Well, all of this was...I'm going to KEEP saying this...the Divine suggested, "Joe, do a Manifestation Weekend." I RESISTED. It didn't go away. So I went through and sent my email, hoping that nobody would show up, I guess.

Audience: [Laughing]

Joe: You ALL SHOWED UP from all over the place...Australia, Mexico...all over the place. You just SHOWED UP. Here you are.

So, then I began to panic, "Well, what am I going to do? What am I going to say?" I kept thinking, "Okay, JUST TRUST YOUR SELF."

I talked to Dr. Len about it. He was basically, "Don't prepare."

Then, of course, I could not quite NOT prepare. So you got a pseudo-manual, MOST of which is stuff that was already done. Like there is a transcript of the talk that I gave at Unity Church in the back. Part of it is that, I admit, I am confessing that I was NERVOUS. I was nervous about, "What am I going to talk about when I stand up here? I want to GIVE

people something that they can WRITE in and DO.” It felt like, “Well, every seminar that I go to, they have a manual. It FEELS like I SHOULD have a manual.”

Audience: [Giggling]

Joe: Now, I’m PRETTY well convinced that you all would have been TOTALLY satisfied if you didn’t have a manual, especially if I had said that, “There’s no manual.” You would have just left it at that.

But again, I’m totally leaving it open here. There’s no wonder. I’m standing in the middle of the room, just letting you see EVERYTHING and telling you, “I’m confessing that I was nervous.” But, I did THIS because of THAT. The EGO-Joe was NOT totally trusting.

So, any other EMBARRASSING questions?

Audience: [Laughter]

Joe: [Chuckling] Okay.

Speaker: [Inaudible]

Joe: Okay. Oh, I turned it off. I see it. Okay, you are on.

Female: I was CURIOUS what Dr. Len has to say about going back to her mother who has...or ANYBODY who has something that we want to HEAL? Having done healing work, I learned that the ONLY thing that I really did was be a channel for what THEY'D wanted.

So, I just said, "Already healed. Perfect. I saw them in perfection," and left that CHOICE up to them whether they WANTED to heal. What does Dr. Len have to say about that?

Joe: I would say that he would be TOTALLY be in agreement with that. You are in a state of "Let go" at that point. He's very fond of that.

I wrote a question. It's behind Amy and Craig here. "How do you know what is ego or what is the Divine?" I think that ties into where you are coming from, so let's look at that for a second. If you DO feel like you are getting INSPIRED to do something or to NOT do something, HOW do you KNOW that's not your ego? How do you KNOW that's not the Divine? How do you know the DIFFERENCE? Anybody...Yes?

Male: I hear he got coconut.



Audience: [Laughter]

Joe: He's connecting to the Divine, there you go.

Male: Well, one way might be perhaps, if it's purely for your self, it might be ego driven; where if the benefit is for others primarily, or as well, then that is the signal that it is Divine.

Joe: Does everybody agree with that? [Silence] Does anybody NOT agree with that? Okay. Yeah. I was hoping SOMEBODY didn't. Yeah. [Chuckling] I LOVE YOU!

Audience: [Laughter]

Female: I DON'T agree only because I've recognized so much of the HEALING work that I believed I was doing, was so people would tell me, "Thank you," or perceive me as having value, and that was all very ego-driven.

It's actually hard to let go of that, still. But, I really find that ego has a different FEELING, where I just KNOW that it's from me. Everything else, I really feel like I'm being pushed or pulled from something that isn't within my control. Sometimes I'll say, "Oh, that feels like instinct," or,

“That feels like intuition.” That, to me is the difference. It’s just a  
SENSATION.

Joe:           Somebody else...the difference between ego and the Divine?

2<sup>nd</sup> Female:   I think it seems to come from a different place. Like, when I get ideas out  
of ego, it’s usually out of my perception that something is WRONG. Like,  
I don’t know. If I didn’t like the car I had it’d be like, “This car is  
STUPID. I want a new car.” That would be, which I think...see I don’t  
necessarily agree with Craig, because I think that you could get INSPIRED  
to get a particular type of new car that the Divine wants you to have that  
could be just for YOU...like not really, like maybe you don’t really let  
your spouse drive it. I don’t know.

Audience:   [Laughter]

Joe:           [Chuckling]

2<sup>nd</sup> Female:   It could be just for you. But...I think that ego stuff always tends to come  
out of the perception that something is WRONG or I’m not happy with  
things the way they are; whereas, inspiration or from the Divine seems to  
just come out of complete nothingness, just out of the blue.

Joe: Yeah. Somebody else?

2<sup>nd</sup> Male: I was thinking in terms of consciousness, like coming out of a meditative state versus walking around. That coming out of a meditative state would be probably the CLOSEST to DIVINE connection. The FURTHER that we get away from that ENERGY state and out there in the world doing ANYTHING that involves human interaction. It's not an automatic thing to NEED the ego. So, on some level, we need the ego when we do that sort of thing. It could be maybe an awareness of WANTING to connect to the Divine, but I think that it's a certain level of DENIAL to say that we are NOT in ego, because IF NOT, we are going to walk into walls and get hit by cars.

Joe: Yeah. I've often thought that we HAVE to have an ego to survive here. Where I am trying to come from is: How do we know and where do you feel inspired to do something or go for something....to hold a Manifestation Weekend...or to go for the car? How do you know if it's coming from ego or from the Divine?

3<sup>rd</sup> Female: I think that the difference is when you can do something with blind faith. I was mentioning to Joe at the break that when I received the email about the Manifestation Weekend, I just registered. Then, I was talking with my staff

about it and they were like, “Well, exactly what is it?” I’d say, “I don’t know.”

Audience: [Laughing]

Joe: It meant a lot.

3<sup>rd</sup> Female: “I’m just going.” But, it came clear to me. I was on vacation a couple of weeks ago in Saint Hick. I read the entire *Spiritual Marketing* book and part of that was about getting CLEAR on things. I concluded from that, I said, “Okay, now I have a better understanding of what I am going to EXPERIENCE this weekend. So, it’s sort of blind faith, I think.”

Joe: Yeah! You want to pass that to Nancy?

Nancy: I’ve kind of come full circle over about fifteen YEARS of saying that ego is bad, because ego is who we are. It’s the same thing. Ego and Divine, because that I AM that I AM and that if I’m not, then I wouldn’t be here. So what I go from is no attachment. I put out what I want, but I’m not attached to the results. I try to make sure that I am in a state of balance and that I always say, “For the highest good of all concerned.” Then I let what happens happen and I know what does manifest IS Divine.

Joe: Yeah. Somebody...over here? I'll come back to wherever it ends up.

Female: Yeah, I agree with that. For me, I can FEEL whether there's a charge, or not, to it. If I get an idea or an inspiration, I know that it's from the Divine because there is NO judgment there. It's just this THOUGHT. On one example, on March 17,<sup>th</sup> when that email came out for the last chance to get this \$7000 whatever, I wanted to do it. I had just come to the realization in my heart and my head that I was getting a divorce.

I had plans to do something else. I had debt. I had all these things. As I was sitting there having somewhat of a friendly conversation with my husband, this voice VERY CLEARLY in my head said, "DEFER the dolphin trip. GO TO SEE JOE." Because what I had said was, "I really want to do that, BUT..." That was easier.

As I'm having this conversation about the WITNESS or this seer with my husband, knowing I've made this decision (that was the whole point of the conversation), this CLEAR voice was saying, "Go to see Joe." I thought, "Okay!" So, I emailed Nerissa, I mean Suzanne, and said, "I'm in." The property that I was selling sold within twenty minutes on Monday. Talk about speed taking action. I KNEW without a doubt that the reason that the property had sold, Lamb and Turks and Geckos, was because I said, "Yes, to Joe."

Joe: Wow! Wow! Thank you!

5<sup>th</sup> Female: Yeah, I just want to say that I agree with you. It's been my experience that it operates in two ways, at least for me. One is either... I'll have a thought and it will just feel really natural and there won't really be any struggle around it, OR if I am fairly perplexed and I am sitting in a really quiet space it'll just sort of "drop in" and it'll feel really strange, like... "What?"

Joe: [Laughter]

5<sup>th</sup> Female: Sometimes, THAT'S how I KNOW because it just comes from...its like, "Well, where did that come from?" It will seem very odd, but AGAIN there usually won't be any struggle around it. So, that's what I know.

Joe: Great! Did you have your hand up?

Male: Going to the question, "How do you know whether it's either ego or Divine?" From my point of view it almost seems that if you have an idea that compared to how you NORMALLY function and react, if it doesn't fit, it probably IS Divine; because you start questioning whether or not, "Well, gee, where did it come from," and that whole mish mash of, "Well, what difference does that make?"

Joe: Right.

Male: It's here. It'll work. I think it'll work. I'm going to do it. Then, you just do it. So it goes beyond trying to go through all of the delineations of, "Where did it come from? How does it work? Why is it here?" It's there. It doesn't follow the USUAL pattern of how I function, so goodness, it MUST be Divine!

Joe: Yeah.

7<sup>th</sup> Female: I just want to add to what she said about there NOT being any struggle, because I was already registered and had tickets to be in California this weekend. I said, "Oops! I need to go to this event!" I had NEVER been to ANY events you did. I had just read your book, but I had just been asking the questions that you're answering. So, it's when I or you just KNOW that something is right. Like, when my son showed up when I was 42 years old and not expecting it. We just KNOW that, "Well, this is a GIFT somehow."

6<sup>th</sup> Male: The voice of skepticism. I'm kidding.

Joe: [Laughter]

All: [Laughter]

6<sup>th</sup> Male: There would have to be one of us in the room. I'm asking coming from a background...and I hope this doesn't offend anyone...coming from the background of being an ex-minister and now I'm completely opposite...just so you know where I'm coming from.

Joe: The completely OPPOSITE part is frightening.

Audience: [Laughter]

6<sup>th</sup> Male: [Sigh, chuckling] Well, yeah the complete opposite meaning I'm a DSO, if anyone knows what that is. Okay. Yeah, we just believe in a prime mover and leave it at that.

But, I saw a lot of rabbit hole scenarios where you would have...and certainly this intentions for anybody in the room...where you would have somebody praying for somebody with complete, absolute 100% faith that this would work. I mean, absolute Divine interaction faith, the whole nine yards, you know, because it says so. [Chuckling] They have MULTIPLE sources. There's a book, you know?



The bottom line is prayer works less than Vegas. That's the stats. What you HAVE is 20-30% of the prayers that worked and the others that did not and they would go through the same rabbit hole of, "Well, that person didn't have enough faith."

This sounds very similar in that, "Well, this person didn't want that in their life." You are STILL making a conscious...well you actually are defining that as being reality. You don't know. You can't get in that persons' mind.

Joe: Yeah.

6<sup>th</sup> Male: I don't know anyone on Earth, and maybe I'm wrong here, that would WANT cancer, especially if you had it. So, I'm not saying that there are reasons why, psychologically, that we may have attracted things like that. I COMPLETELY understand that, but how do you differentiate between going down this -- what I call a rabbit hole with no end -- that says I'm going to consistently rationalize why something doesn't work, when it doesn't and when it DOES work, "AHA, there it is. It works. See?" I'm NOT expecting like we said last night that everything always works.

Joe: Right.

6<sup>th</sup> Male: That's not where I'm going at all, but is there anything that you would address from people like [chuckling] ME?

Joe: Yeah. What's Step Five in *The Attractor Factor*? Let Go.

That means we do NOT have control. In fact, Dr. Len says that you can decide...no, he says, "You can CHOOSE, but you do not DECIDE. You can CHOOSE, but you do not DECIDE." You can CHOOSE to heal somebody, but you DO NOT decide if they get healed or not. You can CHOOSE to get the new car, but you do not DECIDE if you get the new car or not. You can CHOOSE to win the lotto or fill in the blank for whatever it happens to be, YOU HAVE TO LET GO. If you don't let go, then we're still stuck in ego. Then it's our ego being...and really, the image that comes to mind -- and it's probably hypnotic -- is of a crying little kid who is a brat, who says, "I want it to go my way. I didn't GET it," and WHINING about it.

But, that's not how the Divine works. So, THIS goes back to some of the stuff that we talked about earlier is that you HAVE TO TOTALLY TRUST. That's why it all comes back to saying, "I LOVE you. I'm sorry. Please forgive me. Thank you," and turning it ALL OVER.

Step Five is probably the one that people don't get the most. In *Spiritual Marketing*...who has read *Spiritual Marketing*? So, you read *Spiritual Marketing* you had said. I rewrote that and made the 5<sup>th</sup> step even clearer, I thought, in *The Attractor Factor*, because I wanted people to understand that letting go DIDN'T mean first that you just SAT THERE and did NOTHING. It meant that you take, what I called in the book, INSPIRED ACTION.

So, if you feel compelled...it just feels like there's something within you that says, "Make the phone call," or, "Sign up for Joe's seminar," or, "Read a particular book, whatever it is," YOU HONOR THAT! The other part of it is that if things don't work the way that YOU want them, YOU have to ASSUME that it's STILL in YOUR BEST INTEREST that it's happening that way!!

There's a quote in *The Attractor Factor*, I think it's from Rumi that says something to the effect of, "Some things that don't happen, prevent disasters from happening." That's a mind shift.

I had to go through this process of thinking, "Okay, I'm learning the Manifestation Process. I want to teach myself how to have REEULTS. I want to teach other people how to get results." We all agreed earlier that we all want results, but that's REALLY a lot of ego. Saying, we want the

world to be manipulated in the way that we think that it should be manipulated. We want to have total CONTROL.

Well, we are A God, in that you have a LOT of power, but we are not THE God. Now, this is the first time I've used the word, "God." But know that I'm talking about the Divine, whatever that means for you... "The Life energy, the Vital Force, the Spirit, the blank slate, the white board, whatever you want to say... THAT's the Z STATE, that zone... that's where we want to come from! But you HAVE TO LET GO!!

Now, I still WRESTLE with, "When is the desire coming from ego and when is the desire coming from the Divine?"

I mentioned earlier, before we took a break, that I was looking at the BMW Z4. Now, I already have two BMW's. I'm not even DRIVING both of them. The Z3 felt really lonely and the battery went dead on it one day, because I haven't been driving the darn thing!

All: [Laughing]

Joe: We live out in the country and I have Amazon coming, and FedEx coming, and UPS coming, and the mail coming. I don't even GO anywhere! Even coming here, we went in Nerissa's car!

All: [Laughing]

Joe: We didn't even go in MY car! So, why would I want another car? So, I was immediately attracted to the car. I saw the color. It was a blue, my favorite color. I saw the Z4. I like the style and everything. I started thinking about it. I actually even looked online just to check the price. Then I started going, "Are you nuts? Where are you going to park it? Where are you going to do it? Nerissa was looking for a new car BEFORE ME! I don't need to get another one." Of course, I HAVE the car.

I looked at my own book, *The Attractor Factor* and there's a section in the updated book that talks about "hungry ghosts." That's when the monkeys of your mind start to drive you crazy saying, "Well, it's real easy for you to get these things, why don't you just go ahead and get it? Just grab for it."

This does NOT feel like the feeling that came to me to hold the Manifestation Weekend. The feeling that came to me to hold the Manifestation Weekend was this descending INSPIRATION that came from outside of me that I, ego-Joe, initially resisted!

It's like, "I'll wait for THAT to go away. I don't want to do a Manifestation Weekend. I don't know what that means. I don't know how to hold it. I don't want to promote it. I don't know where it will take place. I'll wait for that to go away." It didn't go away!

The Z4...I was realizing that was a "hungry ghost" that feels like it's coming from ego...I don't NEED it. A part of me would feel like, "Yeah, I can WANT it and then I would certainly ENJOY it for AWHILE." Then I started to realize that doesn't have the same feeling at ALL as the Manifestation Weekend! It would be VERY temporary. I WOULD enjoy the thrill of it, but then I'd start being upset because, where am I going to park it and all of these other things I would have to deal with. So, pushing that aside....

But it was really out of AWARENESS process that I've had to go through to be clear about, "When is it my ego? When is it the Divine?"

I THINK that it's pretty clear cut once you become aware of it the FIRST time, because the Divine DOES seem to have these elements that you are talking about, especially the letting go, especially if it seems to come out of character. It's the same as the Manifestation Weekend. I've never done a Manifestation Weekend before. So, ALL of these are things to be aware

of. But LETTING GO, I think, is the big one that ties into what you were talking about.

Female: I'm just speaking to what you are saying, that the other thing that really comes to me about it is that there really isn't a separation in my mind around the Divine and the ego.

The problem is the thought that there is. When you release the thought that there is, you sort of are just in it. Then when you want things, when they feel like they come from Joy and Love and just that, because to me, you know, if you can reach Joy, you've done pretty well. So, it isn't really all about HEALING. It's about actually being willing to have JOY.

Joe: Yeah.

Female: So, when you just want to HAVE something for that reason, because you FEEL GOOD, you actually FEEL GOOD, then THAT'S when it all makes sense.

Noticing that... a lot of times we want things it's, "What's the motivation?" So, when we want things because our perception is that we'll get more love and approval that way, which typically we go down into that place. Then that has a different edge to it. That's the only difference. It's

not so much the Divine or the ego to me, it's "Are you in love or in fear?"

You have to go pretty deep sometimes to feel the difference.

Joe: Yeah! Great observation! [Pause] Somebody had a comment here? Nancy does.

Nancy: I read something recently, I don't know where it was that talked about, "It's not the THING that you want, it's the FEELING that it gives you."

Joe: I WROTE THAT!

Nancy: *YOU* wrote that?!

Joe: Yeah!

Nancy: Okay.

All: [Laughter]

Nancy: I didn't have a clue.

Joe: A little credit. My EGO would like a little CREDIT!



Nancy: I told you I'd forgot.

All: [Laughter]

Nancy: Joe wrote this BRILLIANT thing!

All: [Laughter]

Joe: Thank you. I feel better. [Chuckling]

Nancy: No, actually, I just remembered it's somewhere else, but that's okay.

Joe: Uh-oh!

Nancy: No, Debbie Ford's *The Best Year of Your Life*.

Joe: Oh, Debbie great. I LOVE Debbie's work!

Nancy: She has a whole section on that. What I liked the best about it was the PRACTICAL aspect of, "Okay, someday I want this, I want this, I want this, what is the FEELING that I am seeking and what are things that I can do right now to give me that feeling?" That's another thing that I've been

using to let go -- if whether...even trying to JUDGE whether it's ego or Divine.

Joe: Yeah! Well, in *The Attractor Factor* I do talk about what you want isn't the thing. What you want is the FEELING that you BELIEVE that thing brings you. We want to go BEYOND all of that. We want to go beyond *The Attractor Factor*. We want to go beyond *Manifestation*. This is even beyond *Advanced Manifestation* in this whole thing.

We want to go to SOURCE. So, in other words, we are not even dealing with the FEELING that you THINK you want. We want to go to the feeling that is behind THAT which is Source, which I'm calling the Divine. You can call whatever word feels right to you, but it's behind ALL of that. Even putting a word on it is ONCE REMOVED from IT because we just put a LABEL on it.

We want to go to Source, because when we are One with Source we are INSPIRED. The things that SEEM to be the things that are right for US is coming from a DIFFERENT place altogether.

I TOTALLY AGREE with what you are talking about. I write about it in my own BOOK *The Attractor Factor*. I love Debbie. Debbie Ford is WELL worth reading. I love ALL of Debbie Ford's work. She deals with

the shadow part of your body, of your mind. So, in other words, she looks out much like I've talked about the mirror technique, she looks out and says that everything out HERE is a representation of the SHADOW side of your own MIND. It's the part of you ...it's in the shadows. It's the part of you that you don't usually look at.

Speaker: [Inaudible]

Joe: Yes. One of the books is *The Dark Side of the Light Chasers*. One of the recent ones is *The Best Year of Your Life*. She has one on *Spiritual Divorce*, I think.

Voice: [Inaudible]

Joe: Is there a spiritual parenting one? Okay. I was SURE that she...I don't know about that. But, check her out, Debbie Ford is WELL worth reading and listening to her stuff. I absolutely LOVE her material.

Again, what we want to do is to take this even DEEPER than where you've been taking things before, because at that level of Source...yes, you become.... The title of this book says, *You Are God Get Over It!*

Audience: [Laughter]

Joe: *You Are God Get Over It!*

Female: I have that. I recommend it.

Joe: Well, I'm glad that you like it, because I have a copy of this book for everybody.

Audience: Great! Oh, my.

Joe: Even if you don't read it, the TITLE of it...the title of it alone, *You are God Get Over it!* Amy, *You are God Get Over it!*

All: [Laughter]

Speaker: [Inaudible]

All: [Laughter]

Joe: [Laughter] Wait a minute, you were looking in the MIRROR when you said it!

Male: That's right. [Inaudible]

Joe: [Chuckle] Yes?

Female: [Inaudible] Why do you use faith? If for everything you are God, get over it. What about the Divine? That's where we go.

Joe: Yeah. You are God, you are responsible for everything. Yes.

All: [Laughter]

Joe: Yes. You are God, you are responsible for everything.

Speaker: [Inaudible] judgement [Inaudible] with your ability [Inaudible].

Joe: Right.

Female: ...and start a new life and really get out of debt and all of those kinds of things. I never envisioned that would be being in the divorce scenario. But, okay, I'm willing to let go and move forward. So, then how do you move to that next...to move beyond intention, to move to just the white board?

Joe: Yeah. That's great. Before I say anything, does anybody want to address that?

Speaker: Just KEEP CLEARING any and everything I do. I've been practicing this a little bit. I learned about it from a different source and it's slightly a different twist, but it's really new to me just the past couple weeks I've been practicing it. I find that this is my full-time job now.

It's really just being in this process of consistently recognizing my creation and really APPRECIATING how AWESOME and POWERFUL that I have been to CREATE things that FEEL so real, that create this pain and really feel terrible or whatever.

Even my kids are noticing. I mentioned to someone else, they're like, "Aren't you mad about this? What's wrong with you, Mom?" Because I just have this sense of not being just "in it," not being all wrapped up in this feeling or this whatever it was...anger, frustration, control. I'm just so THRILLED to learn more of this. It's EXACTLY what I've been asking for.

Joe: Do you want to pass it to the person?

Female: Actually, it's just a repeat of what she said is that, "Just KEEP OBSERVING what's THERE and saying, 'Thank you. Forgive me. I'm sorry. I love you.'" Just be grateful.

EVENTUALLY that will COMPLETELY go out your life and a new VISION and a new life will SHOW UP if you JUST KEEP RELEASING THAT and saying, “I created this.”

There was a quote, I’m not very good about quotes, but Joe put it on something. It was from a website. It was about how when you start clearing and you’re this big spiritual being and you change this existence, but a little bit of the old is going to linger. You have to just keep saying, ‘Thank you. Forgive me. I’m sorry. I love you,’ to the old until the new shows up.

Another: [Inaudible]

Joe: Okay. Thank you.

Female: I’m going to take this in a little bit different direction.

Joe: Okay.

Female: This week I listened to John Assaraf’s *Change Your Brain, Change Your Bottom Line*.

Joe: Yes!

Female: Fascinating! He talks a lot about the CHEMICALS that go on in our BRAIN and how there are some areas that we LIMIT ourselves, because of our chemicals in our brain. So, how would this shift-change ENHANCE that process that's going on?

Joe: Okay. That's great! I love John. We know him. I have his course *All about Material*. He is still working on that level that's.... [Pause] Don't let this sound like I'm dismissing it! He is still working on that level of reality that we want to go BEYOND. So, in other words, yes you can change.

[Audio ended]