



## Deliveries anyone?

**Welcome to our second issue of the *Fairfield Bulletin* and thanks to the many people who sent encouraging comments about our first edition.**

Our big news is that Love Living Local has begun a study into home-deliveries from Fairfield shops.

We want to find out if there is enough resident support for a home-delivery service. We also want to know which businesses are interested in being involved.

Our research shows that most of the shoppers in Fairfield arrive by foot or by bike.

We also know that this shopping strip is a central part of local household life. Nearly 300 residents responded to our recent survey and of these, 30 per cent visit the shops daily, 48 per cent visit every few days, and a further 17 per cent shop here weekly.

About 38 per cent of respondents travel to the shops by car—we suspect that most of these trips are for weekly grocery shopping.

We reckon that if the centre had a reliable, inexpensive home-delivery service, the number of people driving to the shops would fall without

affecting total shopper numbers.

We're also going to think laterally about the sorts of transport a delivery service might use—for example, could it be done by bicycles? The study will also explore various operating schedules, costs, co-ordinating with multiple traders and other issues.

A survey about the options for a home-delivery service is folded into this Bulletin. Please return your completed survey using the reply paid option or drop it off at the Fairfield Library or bring it to our next Transport Cafe (see page 3 for dates).

## Lunch is served!



You may have seen the sign on the Community Centre window advertising Senior Citizens lunches. *Fairfield Bulletin* discovered you can get a hot 3-course lunch for just

\$5.20, including tea and coffee.

If you book ahead you can choose from the menu, but you can also drop in and take pot luck. The menu includes Anglo-Australian, Mediterranean, Asian, vegetarian, roast and salad options.

It's an inexpensive way to meet people and enjoy an outing. If you need transport, Council can arrange the community bus to pick you up and take you back home again; door-to-door service. Why not give it a try?

Contact Darebin Meals and Transport Services on 8470 8563 to book or simply drop in to the Community Centre, 12 noon Mondays, Tuesdays and Wednesdays.

### Love Living Local

Love Living Local is run by the City of Darebin and the Victorian Department of Infrastructure.

The program encourages residents to live, work, play and shop in their local neighbourhood.

By keeping your activities close to home it's easier to walk, cycle or catch public transport. This has a number of benefits: it's better for the environment, improves your health, increases your chances of meeting neighbours, supports local traders and builds stronger communities.

**For more information contact Kate Myers or Ben Grounds on 8470 8357.**

## Local Profile

# Newcomers, new ideas!



In Railway Place, downtown Fairfield, there's a little shop that's doing something unique in all Australia—Applebox DVD rental.

This is a shop you can 'be' in at home. On your computer, you can browse their DVD stock, see whether it's available and book it. You can search by all kinds of categories, just like you might search

a library catalogue—sure beats standing in the middle of a video shop unable to find what you want.

Applebox is run by siblings Sarah and Simon Gilligan. 'We have computers in the shop for people to use, but about half our customers pre-book from home or work,' says Simon.

'We find that most of our customers walk or cycle here,' says Sarah. 'And we both ride to work—takes me about 7 minutes—so we're *really* loving living local.'

But what's an Applebox? Sarah laughs, 'Oh, it's a device used all the time in film-making. Essentially it's a strong nest of boxes that are used to prop up things, like the camera, furniture, Tom Cruise ...'

**Applebox is open from 11 am weekdays, 10 am weekends.**

**Closes 10 pm daily.**

**[applebox.com.au](http://applebox.com.au)**

## Rapt in buses

'I can't tell you how excited I am by the new bus service!' says proprietor of Wrapped In It Rosalie Standley, displaying the latest timetable. 'We now have Sunday bus services—about every 40 minutes to Northcote and Regent—and services every day right through to 9.30 pm!'

Since 1995, Rosalie has caught the bus to her gift shop in Station Street. 'I love public transport because I get the chance to meet other travellers. I can do everything I want by travelling on trains and buses.'

Rosalie is one of Australia's leading professional gift wrappers—even an inexpensive child's toy is wrapped expertly as part of the service. She wants her shop to be

a place for everyone, 'where the creativity here, eases stress and feeds the soul'.

She's also relieved that 40 kmh speed restrictions are finally in place. 'We traders and the community worked towards this for years. The 20 kmh reduction in speed has made the strip much safer for everyone.'

'The people in this strip are family to me,' she smiles. 'I come here every day to have a good time!'



## Internationally Local

*Living Streets* is a charity campaigning to create better streets and public spaces for people on foot. Their work spans policy, research, lobbying and advice.



Its Walkability Project in outer London is based on the same ideas as our Love Living Local campaign—that is, to enable district centres to become the types of place people can walk to daily or weekly, for their goods and services. There are 156 district centres in London alone—imagine the impact of Love Living Local principles there!

Starting with four district centres in outer London, the Project will be guided by Community Street Audits, based on the belief that local people know their neighbourhoods better than anyone and are therefore the best placed to identify problems and suggest solutions.

At the time of writing, Living Streets is supporting Walk to School Week, which will involve about two million primary schoolers across the UK. This year's theme is to explore sounds they can hear en route to school. At the national launch in London, students will be walking to school playing instruments made from old car parts!

**For more information, see [www.livingstreets.org.uk](http://www.livingstreets.org.uk)**



# In another time

As far as we can tell, *The Fairfield Advertiser* was published during WW2. It was about the size of the Herald-Sun, but just four pages long, carrying local stories as well as advertisements for traders. Like this Bulletin, it was letterboxed free to residents in the Fairfield area.

Paul Michell, Darebin Librarian and local U3A member, found this ancient newsletter and has posted details of it into the Darebin Libraries Historical Encyclopedia, accessible through [www.darebinlibraries.vic.gov.au](http://www.darebinlibraries.vic.gov.au).

# At your service

'In 1961, my grandfather opened Cardamone's food store on Station Street, supplying Italian produce for local immigrants,' says Belinda Pannunzio. 'It's still very much a family business, run by Mum (Marisa), Dad, and my sister and our partners. My brother helps out too—he loves cutting cheese to keep the 16 fridges fully stocked!'

While the shop still imports goods from Italy, the main delights are Marisa's produce. Many of the deli items are gluten-free and made on the premises. The shop is famed for its crunchy parmesan dressing (featured as a 'hidden treasure' in *The Age*), but it's the range of seasonal preserves, antipasto, biscuits, and daily breads their kitchen produces that makes this a very special place.

The family is also deeply committed to fund-raising for communities less fortunate. Through the

local Uniting Church, Cardamone's donates food monthly to refugee families, and is part of a community effort to raise funds for a school in Uganda. Their noticeboard in the deli lists upcoming events you can support (see What's On, page 4).

Cardomone's also offers free home-delivery to local residents.



Recently, Marisa's Morning Tea raised funds for the Cancer Council.

# Free offers at your local shops



Twice a month from May to October Love Living Local sets up a **Transport Cafe** on Station Street outside the Community Room. Walk, cycle or catch public transport to the Transport Cafe and choose from our menu of free vouchers to spend in the street:

- AppleBox DVD (free DVD hire)
- Ora-Thai Takeaway (\$5)
- Organic Gertrude (\$5)
- Gertrude's Kitchen (free tea or coffee)
- Fairfield Optical (\$5)
- Fairfield Books (\$5)

**The next Transport Cafe will be held on 13 and 14 June and 11 and 12 July. All from 10–12 noon.**

# What's On *in Fairfield*

## Fairfield Library

### School holiday fun

2 July, 2.30–3.30 pm: *Make your own dream catcher* and compete in the nature quiz.

7 Jul 2008, 2.30–3.30 pm: *Treasure Hunt*. Bookings 1300 655 355. Suits ages 5–12 years.



## Fairfield Maternal and Child Health Centre

### Children's playgroups

See the noticeboard for a group to suit your child's age.

## Fairfield Community Room

(next to the Library)

See the noticeboards for information about children's and adult's dance lessons, pilates classes and more.

## INFORMATION SESSIONS

### MAINTAINING YOUR BIKE

Susan Moss, local bicycle tutor, will bring her bike and gear along to show you how to take care of your bike.

The session will include bike basics, bike storage at home, punctures and chain maintenance. She will also talk about how to dress for the cold weather, to make cycling a pleasure all through winter. Session times: Saturday 14 June, 10.30 am–12 noon and Tuesday 17 June 6–7.30 pm. Fairfield Community Room. Free.

### CYCLING AROUND DAREBIN

Members of DBUG (Darebin Bicycle Users Group) will talk about where to ride locally - with a family, if you're just a beginner or if you're wanting to explore on the weekends. They'll answer questions about route planning and explain all the activities they do as a group.

Tuesday 8 July, 6–7 pm and Saturday 12 July, 10 am–12 noon. Fairfield Community Room. Free.

## Senior Citizens Lunch

All welcome, Monday–Wednesday, 12–1 pm. \$5.20 (see page 2). Bookings 9470 6579.

## St Paul's Op Shop

Monday–Friday 9.30 am–4.30 pm, Saturday 10 am–12 noon.

## Multiple Sclerosis Op Shop

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## University of the Third Age

Fairfield Station, phone 9610 2102.

## Fundraising Pizza and Pasta Night

Wednesday 18 June, 7.30 pm. Cardamone's Food Store. Cost \$35 head (drinks included). Come and be inspired. See images of a recent trip by local people to construct the Golden Age Community School in Uganda and much more.



Questo bollettino contiene degli articoli sulle attività a Fairfield. Per ulteriori informazioni chiamate la Linea Telefonica Multilingue del comune della città di Darebin al numero 8470 8470.

這份通訊包含有關Fairfield區活動的文章。欲查詢詳情，請致電8470 8470聯絡多語種專線。

Оваа публикација содржи написи за активностите во Fairfield. За повеќе информации јавете се на повеќејазичната телефонска линија на Darebin City Council на 8470 8470.

Το ενημερωτικό αυτό δελτίο περιέχει άρθρα για τις δραστηριότητες στο Fairfield. Για περισσότερες πληροφορίες καλέστε την Πολύγλωσση Τηλεφωνική Γραμμή της Πόλης του Δήμου του Darebin στο 8470 8470.

تحتوي هذه النشرة على مواضيع عن الأنشطة في فيرفيلد (Fairfield). للمزيد من المعلومات، يرجى الاتصال بالخط الهاتفي متعدد اللغات التابع لمجلس مدينة داربين (Darebin) على الرقم 8470 8470

Trong bản tin này có những bài viết về những hoạt động tại Fairfield. Muốn biết thêm thông tin, xin gọi cho Đường Dây Điện Thoại Đa Ngữ của Hội Đồng Thành Phố Darebin qua số 8470 8470.

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For larger print versions,  
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